



## **BASIC LIFE SUPPORT – FOLLOWS UK RESUSCITATION COUNCIL (UK) SEQUENCE AND GUIDELINES**

### **COURSE DETAILS**

Legislation

Assess the Situation

Assess & examine the Casualty

Airway & Breathing

Accidents

Circulation

Cardiopulmonary Resuscitation (**PRACTICAL SESSION**)

Recovery Position

Calling the Ambulance

Adult Basic Life Support UK RC Sequence and Guidelines

Adult basic life support algorithm

Heart Attack

Stroke

Severe External Bleeding

Shock

Choking

Sequence of steps for managing the adult victim who is choking (**PRACTICAL SESSION**)

Broken and Fractured Bones

Back Injury

Head Injury

Burns

Sunburn

Heat and cold

Priorities

Bruising

Bleeding

Breaks

Dislocations

Strains and sprains

Dressings

Bandages

Diabetes

Eye Injury

Allergic Reactions

Swallowed Poisons

Vomiting and diarrhoea

Summoning help

First Aid Box

Record Keeping

For further information please contact our team on 0116 254 9174 or 07908242398 / 07540622933

Email: [info@victorytrainingacademy.co.uk](mailto:info@victorytrainingacademy.co.uk) or visit our website [www.victorytrainingacademy.co.uk](http://www.victorytrainingacademy.co.uk)