

## **IMMEDIATE - INTERMEDIATE LIFE SUPPORT**

The ILS course is suitable for doctors, medical students, nurses, nursing students, midwives, healthcare providers such as physiotherapists, dentist and ambulance technicians. It may also be suitable for fire service technicians, police personnel and prison officers.

## COURSE OBJECTIVES

At the end of the course, the learner will be able to:

- Initiate an appropriate emergency response, which may include management of choking, and the use of the recovery position, all in accordance with current Resuscitation Council (UK) guidelines
- Initiate and maintain effective chest compressions in accordance with current Resuscitation Council (UK) guidelines
- Provide basic airway management i.e. ensure an open airway
- Initiate and maintain effective lung ventilations in accordance with current Resuscitation Council (UK) guidelines
- Use an Automated External Defibrillator (AED) safely and appropriately
- Understand their individual role and responsibilities in responding to persons in emergency situations
- Understand their individual responsibilities in reporting and recording details of an emergency event accurately
- Understand the importance of undertaking any resuscitation interventions within the limits of their personal capabilities and context of any previous training received Recognise and treat the deteriorating patient using the ABCDE approach;
- Identify the causes and promote the prevention of cardiopulmonary arrest;
- Undertake the skills of quality CPR and defibrillation (manual and /or AED) and simple airway manoeuvres;
- Utilise non-technical skills to facilitate team leadership and effective team membership.

For further information please contact our team on 0116 254 9174 or 07908242398 / 07540622933

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