



PRESSURE ULCER PREVENTION AND SKIN CARE.

COURSE DESCRIPTION

This course is designed for carers and RGN's who may need to update their skill and knowledge on the topics of pressure area care and tissue viability (prevention and management of wounds) including aspects of skin and soft tissue wounds.

The course considers measures to prevent pressure area wound development, the different types of pressure area wounds and best practise when managing wounds.

COURSE SUMMARY

This course covers such topics as:

1. The anatomy and physiology of the skin
2. Definition and grading of pressure ulcers
3. Discover how the blanch test can detect early signs of skin damage & skin inspection
4. Identify those at greater risk of developing pressure ulcers
5. Describe common sites for pressure ulcers to develop
6. How to follow the agreed care plan
7. Materials, equipment & resources available to prevent & relieve pressure
8. How to apply standards & precautions of infection control
9. Understand the risk factor for pressure ulcers
10. Differentiate between pressure, shear and friction forces
11. Outline the role nutritional plays in the treatment & prevention of skin damage
12. Examine the latest ways of cleaning skin to avoid damage
13. Factors delaying the healing process.
14. Documentation and record keeping.

ASSESSMENT

Pressure ulcer prevention & skin care training takes 5 hours and delegates will be expected to engage in a number of group activities. Our experienced trainers will be on hand to help guide delegates through these sessions and a CPD certificate valid for 1 year will be awarded upon completion.

For further information please contact our team on 0116 254 9174 or 07908242398 / 07540622933

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