



## SELF HARM

The course aims to promote insight and understanding of self harm and behavioural issues. All training is presented by an experienced CPD registered trainer and in line with NICE Guidance (2004)

### LEARNING OBJECTIVES

- To define what self-harm is.
- To look at signs and symptoms that children and young people (CYP) may present with.
- What to say to them.
- Who to share information with.
- Where to signpost.
- To raise awareness of the value of self-harm to CYP.
- To raise awareness of potential trigger times.
- To look at suggested ways of working with CYP that self-harm.
- To reflect on our own feelings when working with CYP that self-harm.
- To recognise our professional boundaries and when to ask for support.

The overall aim of this session is to increase awareness with regard to self-harm amongst universal staff to facilitate positive work with CYP in an integrated way that best supports their needs

### 12. Documentation and Record keeping

For further information please contact our team on 0116 254 9174 or 07908242398 / 07540622933

Email: [admin@victorycare.co.uk](mailto:admin@victorycare.co.uk) or visit our website

[www.victorytrainingacademy.co.uk](http://www.victorytrainingacademy.co.uk)