

# PMVA

Prevention and Management of Violence Aggression

## 3 Day Course

### Course Aim

The 3-day PMVA course has been designed to give participants underpinning knowledge and understanding of primary, secondary and tertiary strategies and be able to choose the suitable method of intervention based on the population and settings participants are working in, taking into consideration a human rights approach and person-centred care, Participants to develop awareness of legal and ethical challenges when using force and consequences of unreasonable use of force.

### Course Objectives

- Discuss and debate the different types of terminology frequently used when describing situations of anger, aggression and violence.
- Recognise common aspects/circumstances that may escalate or contribute to challenging behaviour.
- Identify the main provision of the statutory requirements relating to race, religion, gender, gender identity, sexual orientation, disability and age
- Demonstrate an understanding of how the main provisions relate to the prevention and management of conflict, aggression and violence.
- Identify the core components of communication.



# VICTORY TRAINING ACADEMY

PEOPLE HELPING PEOPLE

- Identify the importance of observing and monitoring both verbal and nonverbal communication.
- Differentiate between warning and danger signs and understand the significance of the different behaviours displayed in these signs and how they impact on situational risk assessments.
- Identify the key elements, requirements and impact of legislation, legal concepts and ethical considerations which relate to the management of conflict and aggressive and violent situations and apply it according to locality.
- Demonstrate understanding of the systems designed to meet with the requirements of legislation, legal concepts and ethical considerations in this field.
- Understand the different types of De-escalation strategies
- Identify the potential impact of violence and aggression on staff and service users.
- Identify a constructional perspective on mental illness.
- How staff perceive the link between mental illness and behavioural elements of a service user's presentation.
- Demonstrate awareness of the different methods of risk assessment including Actuarial, static, and dynamic variables, Clinical judgement, structured clinical judgement, functional analysis, historical factors, and any information that can be gathered from carers and family members with the consent of the service user.
- Define the effects of restraint, both physically and psychologically, on staff and service users